Unit 5 Special Days and Festivals - Lesson 5

We are going to:
• learn about the Chinese Dragon Boat Festival.
• talk about how people celebrate the Dragon Boat Festival.
Let's talk!

What are these? What do you know about them?
It is time for the Dragon Boat Festival. The festival is on the fifth day of the fifth month in the lunar calendar. People join teams for the dragon boat race.

race: a running or swimming contest with two or more people.

Have you ever been in a race?

When is this festival celebrated? What do people do in this festival?
People also do dragon dancing to celebrate. Teams wear paper dragon costumes. They use sticks under a dragon costume to make it move.

What do the people use to do the dance?

**costume**: kind of clothes for showing the people on the streets.

What is the color of the dragon costume?
When is the Dragon Boat Festival?

What do you see in this picture?
It is a tradition to eat sticky rice dumplings on this special day.

The inside has sticky rice and different fillings like meat or beans. It is covered with bamboo leaves.

fillings: the layer of food inside a sandwich, cake, etc.

I like dumplings with meat fillings.

What is the dumpling covered with?
The festival also has an interesting game. The game is to make an egg stand on its end at exactly 12:00 noon. If you can do so, you will have good luck for the next year.
**Let’s match the columns.**

HINT: Match the words with the meaning.

<table>
<thead>
<tr>
<th>game</th>
<th>sticky rice dumplings with fillings</th>
</tr>
</thead>
<tbody>
<tr>
<td>food</td>
<td>dragon boats with people in them</td>
</tr>
<tr>
<td>race</td>
<td>teams in costumes with sticks and a paper dragon</td>
</tr>
<tr>
<td>dance</td>
<td>make an egg stand on its end at 12:00 noon</td>
</tr>
</tbody>
</table>
Q1: Do you celebrate Dragon Boat Festival?

Q2: Have you eaten sticky rice dumplings? Do you like it?

Q3: What kinds of fillings do people use to make sticky rice dumplings?

Q4: When is the Dragon Boat Festival held?
In this lesson, we...

- learned new words: dumpling, bamboo, dragon boat, filling, race, costume, game
- read and discussed about how people celebrate Dragon Boat Festival.

**Homework**

Do research online about why people celebrate the Dragon Boat Festival.